



# Senna Tablet 7.5mg

## For Constipation Relief

### Sennosides 7.5mg



**Approved in Malaysia since 1991**



**FDA Approved Ingredient since 1993<sup>1</sup>**



**Malaysia's 1<sup>st</sup> Sennosides Generic<sup>2</sup>**



**Travelling Convenience with Pocket Size**



**Onset of action within 6-12 hours**

MY010-2023  
For Healthcare Professional Use Only



Distributed by:  
**DKSH Malaysia Sdn Bhd** (4476-U)  
B-11-01, The Ascent, Paradigm, No. 1, Jalan SS7/26A,  
Kelana Jaya 47301 Petaling Jaya Selangor  
Tel: +603 7882 8888



Product Registration Holder:  
**Eucogen Sdn. Bhd.** 201401017699(1093786-A)  
6A, Jalan Sungai Burung U 32/U, Bukit Rimau,  
40460 Shah Alam, Selangor, Malaysia,  
Tel: +603 5131 1997



## Comparison of Senna vs other Laxatives

### Senna Tablet 7.5mg

**Content:**  
Sennosides 7.5mg




**Indication:**  
Constipation, Irritable bowel syndrome, Haemorrhoids

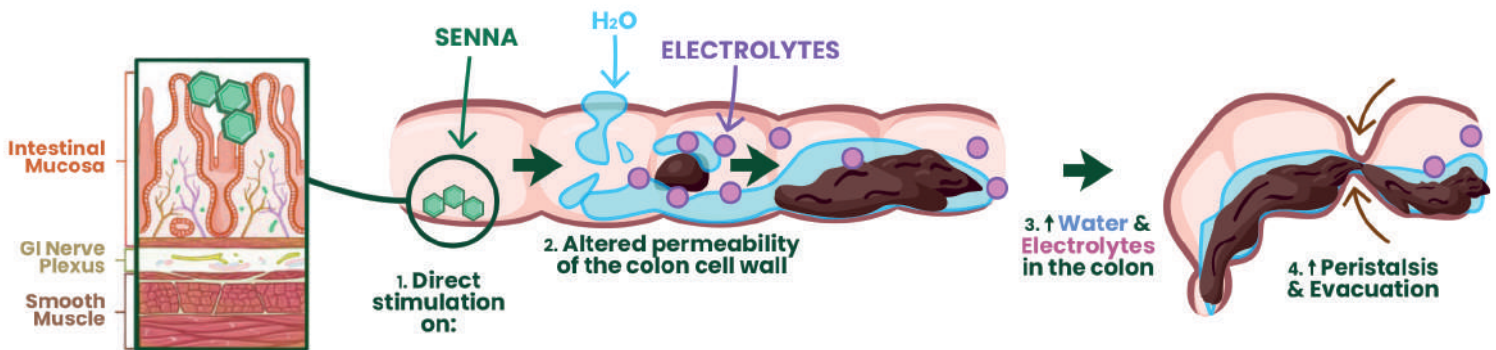
**Mechanism of Action:**  
A stimulant laxative that works by stimulating the smooth muscle of the colon and producing contractions in the intestines. It also alters the permeability of cell walls in the colon by increasing cyclic 3', 5'-adenosine monophosphate, which regulates active ion secretion. This results in an increased influx of water in the colon and bowel movement.

**Recommended Dosage:**

- Adult, elderly and children above 12 years old:  
2 tablets (up to 4 tablets on medical advice) at bedtime
- Children 6-12 years old:  
1-2 tablets in the morning

**Presentation & Packaging:**  
7.5mg tablet of 6 x 10s

Laxatives	 Senna	 Bulk-forming Laxatives	 Osmotic Laxatives
 Onset of Action	 6-12 Hours	 Up to 3 Days <sup>3</sup>	 Up to 3 Days <sup>3</sup>
 Bloating	 No	 Yes <sup>4,5</sup>	 Yes <sup>4,5</sup>
 Formulation & Administration	 Tablet	 <ul style="list-style-type: none"> <li>• Powder formulation needs to be dissolved in water for every administration</li> <li>• Liquid formulation requires a measuring device for accurate dosing which is prone to human errors and it is inconvenient to carry a bottle along, as compared to tablets<sup>6</sup></li> </ul>	



**References:**

1. CFR - Code of Federal Regulations Title 21 [Internet]. Fda.gov. 2018. Available from: <https://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfcr/cfrsearch.cfm?fr=310.545>
2. QUEST 3+ Product Search [Internet]. quest3plus.bpfk.gov.my. Available from: <https://quest3plus.bpfk.gov.my/pmo2/detail.php?type=product&id=MAL1912967X>
3. Laxatives [Internet]. NHS inform.scot. 2019. Available from: <https://www.nhsinform.scot/tests-and-treatments/medicines-and-medical-aids/types-of-medicine/laxatives>
4. Bashir A, Sizar O. Laxatives [Internet]. Nih.gov. StatPearls Publishing; 2019. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK537246/>
5. Foley A, Burgell R, Barrett JS, Gibson PR. Management Strategies for Abdominal Bloating and Distension. Gastroenterology & hepatology [Internet]. 2014;10(9):561-71. Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4991532/>
6. Ryu GS, Lee YJ. Analysis of Liquid Medication Dose Errors Made by Patients and Caregivers Using Alternative Measuring Devices. Journal of Managed Care Pharmacy. 2012 Jul;18(6):439-45.

MY010-2023  
For Healthcare Professional Use Only

Distributed by:



**DKSH Malaysia Sdn Bhd (4476-U)**  
B-11-01, The Ascent, Paradigm, No. 1, Jalan SS7/26A,  
Kelana Jaya 47301 Petaling Jaya Selangor  
Tel +603 7882 8888

Product Registration Holder:



**Eucogen Sdn. Bhd.** 201401017699(1093786-A)  
6A, Jalan Sungai Burung U 32/U, Bukit Rimau,  
40460 Shah Alam, Selangor, Malaysia.  
Tel +603 5131 1997